

Medications that interfere with Allergy Testing

Please read the medications list completely. If you are unable to stop your medication for the length of time indicated, please notify our office as soon as possible to reschedule your allergy testing. **Skin testing will NOT be done if interfering medications are not stopped accordingly.**

Please verify with your Primary Care Provider if you are concerned about stopping a medication for a short period of time. You will resume your medication as soon as testing is completed. Please bring your medications with you to your appointment.

- If you use an inhaler, please bring it to your testing appointment.
- If you have questions regarding specific medications, please call us at 701-365-8700.

ANTI-HISTAMINES	
Medications:	Suppression:
Alavert	5-7 days
Aler-Dryl	3 days
Allegra (Fexofenadine)	5-7 days
Aller-Chlor (Chlorpheniramine)	3 days
Allerhist-1	5-7 days
Anti-Hist	3-4 days
Antivert (Meclizine)	3 days
Astelin (Azelastine)	5 days
Azatadine	7 days
Banophen	3 days
Benadryl (diphenhydramine), Unisom	3-4 days
Clarinet	5-7 days
Claritin (Loratadine)	5-7 days
Clemastine	3-4 days
Dymista	5 days
Hydramine	1-3 days
Hydroxyzine (Atarax, Rezine, Vistaril)	5-7 days
Xyzal (levocetirizine)	3-5 days
Zyrtec (Cetirizine)	5-7 days

EYE DROPS	
Medications:	Suppression:
Bepreve (Bepotastine)	5 days
Ketotifen (Zaditor)	5 days
Livostine (Levocabastine)	5-7 days
Optivar	5-7 days
Patanol (Pazeo)	3-5 days
Pataday	5 days
Timolol Maleate (timoptic)	2-3 days

BETA BLOCKERS / BLOOD PRESSURE / HEART MEDICATIONS	
Medications:	Suppression:
Please check with your Primary Care Physician BEFORE stopping any of the following medications:	
Acebutolol (Sectral)	2-3 days
Atenolol (Tenormin, Tenoretic)	
Betapace	
Betaxolol (Kerlone and Betopic & Betagan eye drops)	
Bisoprolol (Zebeta, Ziac)	
Carteolol (Cartrol)	
Carvedilol (Coreg)	
Labeltalol (Normodyne, Trandate)	
Metipranolol (Optipranolol)	
Metoprolol (Lopressor, Lopressor HCT, Toprol-XL)	
Nadolol (Corgard, Corzide)	
Nebivolol (Bystolic)	
Penbutololo (Levatol)	
Pindolol (Visken)	
Propranolol (Inderal, Inderal LA, Inderide, Inderide LA)	
Timolol (Blocadren, Timolide and Timoptic eye drops)	

SLEEPING MEDICATIONS / ANXIETY MEDICATIONS / OTHER	
Medications:	Suppression:
Advil PM or Tylenol PM	3 days
Ambien (Zolpidem)	5 days
Alprazolam (Xanax)	7 days
Amitriptyline (Elavil)	7 days
Ativan (Lorazepam)	5-7 days
Clonazepam (Klonopin)	7 days
Chlorpromazine	Call provider
Compazine (Prochlorperazine)	3 days
Desipramine	3-11 days
Desyrel (Trazodone)	1-2 weeks
Doxepin (Sinequan, Adapin)	5-7 days
Haldol (Haloperidol)	Call provider
Hydroxyzine	5 days
Imipramine (Tofranil)	10 days
Ludiomil (Maprotiline)	1-2 weeks
Mirtazapine (Remeron)	1-2 weeks
Nefazodone (Serzone)	1-2 weeks
Nortriptyline (Pamelor)	1-2 days
Phenergan (Promethazine)	1-3 days
Serax	4-7 days
Seroquel	1-2 weeks
Sominex	1-3 days
Surmontil (Trimipramine)	1-2 weeks
Tripelennamine	3 days
Amoxapine	1-2 weeks
Anafranil (Clomipramine)	1-2 weeks
Tofranil	10 days
Topamax (Topiramate)	5 days
Thorazine	Call provider

OVER THE COUNTER / HEARTBURN / REFLUX MEDICATIONS	
Medications:	Suppression:
Actifed Sinus Day	3 days
Afrin	Days of testing
Axid (Nizatidine)	Days of testing
Cimetidine (Tagamet)	Days of testing
Dimetapp	3-4 days
Drixoral	4 days
Famotidine (Pepcid)	Days of testing
Nexium	Days of testing
Omeprazole (Prilosec)	Days of testing
Prevacid (Lansoprazole)	Days of testing
Protonix (pantoprazole)	Days of testing
Reglan (metoclopramide)	Days of testing
Sudafed (pseudoephedrine)	3-4 days
Tavist-1	3-4 days
Theraflu	3 days
Tylenol PM	3 days
Unisom Sleep	3 days
Zantac	Days of testing

ASTHMA / INHALERS	
Medications:	Suppression:
Accolate	Days of testing
Advair	Days of testing
Albuterol	Days of testing
Dulera	Days of testing
Proventil	Days of testing
Singulair (Montelukast)	Night before
Symbicort	Days of testing

MIGRAINE MEDICATIONS	
Medications:	Suppression:
Flexeril (Cyclobenzaprine)	2-3 days
Diclofenac	
Imitrex (sumatriptan)	
Maxalt (Triptan)	
Relpax	
Naratriptan	

***Medications that are OKAY to continue:**

- Antibiotics
- Mucinex (Guaifenesin) – plain
- Omnaris
- Rhinocort
- Tylenol
- Prednisone (only if on regularly)
- Flonase
- Nasacort
- Lunesta
- Tessalon Perles
- Nasonex
- Atrovent (ipratropium bromide)

***** The above list is used as a general guideline and does not include every medication that is available. Please call Catalyst if you are questioning a medication. *****